

JESSICA ENDO PT, DPT

Curriculum Vitae

CA PT License # 292024

Education

2019-current LGOST- *Sports PT Residency*

2013-2016 UCSF/SFSU- *Doctor of Physical Therapy*

2008-2012 UC San Diego- *B.S. Physiology & Neuroscience, Minor in Psychology*

2004-2008 Castro Valley High School Graduate

Professional Certifications & Affiliations

- EMR certified- Emergency Medical Responder
- CPR and First Aid Certified
- Certified Myofascial Decompression practitioner
- Certified Clinical Instructor- American Physical Therapy Association
- Member of American Physical Therapy Association- Orthopedic and Sports sections

Continuing Education

Course	Contact Hours
2016 Science of Running Medicine <i>Irene Davis PT, PhD, FAPTA, Bryan Heiderscheit PT, PhD, Christopher Powers PT, PhD, FAPTA</i>	16 hours
2017 Functional Mechanics of the Lumbopelvic Region and Lower Extremity <i>North American Seminars- Lukas Tvedt PT, DPT, OCS</i>	15 hours
Myofascial Decompression Level 1 <i>Bay Area Sports Performance and Rehab Seminars- Christopher Daprato DPT, SCS, CSCS</i>	8 hours
2018 Combined Sections Meeting <i>APTA</i>	18 hours
Kinesiology Taping: Combining Taping & Movement to Improve Functional Outcomes <i>Vyne Education & Rocktape- Milica McDowell PT, DPT, C-EP</i>	8 hours
Myofascial Decompression Level 2 <i>Bay Area Sports Performance and Rehab Seminars- Christopher Daprato DPT, SCS, CSCS</i>	8 hours

2019	SF Giants Sports Medicine Conference <i>SF Giants- Kenneth Akizuki, MD, David Groeschner, ATC</i>	13 hours
	Credentialed Clinical Instructor Program <i>APTA- Theresa Jaramillo PT, DPT, MS</i>	16 hours
	Stanford Children's Health Orthopedic & Sports Medicine Conference <i>Stanford Hospital</i>	8 hours
	Emergency Response for the Athlete <i>Cogent Steps, LLC- Michele Weinstein PT, MS, SCS, ATC</i>	20 hours
	Bay Area Orthopaedic PT Seminar Series- Module 1: Low Back, Pelvic Girdle & Hip <i>University of Southern California</i>	21 hours
	Advances in Examination & Treatment of Selected Knee Conditions <i>LGOST Seminars- George J. Davies DPT, MEd, PT, SCS, ATC, LAT, CSCS, PES, FAPTA</i>	13 hours
	The Human Pelvis: Crossroads of Function <i>Richard Jackson Seminars- Richard Jackson PT, OCS</i>	17.5 hours
	Team Concept Conference <i>American Academy of Sports Physical Therapy</i>	23.5 hours
2020	California Concussion Institute Symposium: A Modern Approach to Concussion- Prevention & Care <i>California Concussion Institute</i>	7 hours
	Combined Sections Meeting <i>APTA</i>	18 hours
	Pharmacology & CBD for Physical Therapists <i>LGOST Seminars- Brad Stockert PT, PhD</i>	6 hours

Personal

- Hobbies: Zumba, hiking, running, baking
- Favorite Sports Teams: Golden State Warriors, SF Giants
- Volunteer work: UCSF Race Medical Team, Technobuddha Conference